

Financial supports- general

- Canada Recovery Sickness Benefit: \$500/week for max 2 weeks to take time off for COVID self-isolation/illness: <https://www.canada.ca/en/revenue-agency/services/benefits/recovery-sickness-benefit.html>
- EI Sickness Benefits- max \$573/week, only need 120 hours of employment to qualify, maximum of 15 weeks coverage: <https://www.canada.ca/en/services/benefits/ei/ei-sickness.html>
- BC Recovery Benefit- one-time \$500/person or \$1000/family for BC residents: <https://www2.gov.bc.ca/gov/content/economic-recovery/recovery-benefit>
- Mortgage payment deferral- up to 6 months: <https://www.canada.ca/en/department-finance/economic-response-plan.html#individuals>
- BC Workers are now entitled to 3 days of unpaid leave/year for COVID-19 absences: <https://www2.gov.bc.ca/gov/content/employment-business/employment-standards-advice/employment-standards/time-off/leaves-of-absence#covid19>

Financial supports- specific populations:

- Canada Recovery Caregiving Benefit: \$500/week for max 26 weeks for parents or caregivers who need to stay home to provide care due to COVID-19: <https://www.canada.ca/en/revenue-agency/services/benefits/recovery-caregiving-benefit.html>
- Rental Assistance Program—rent supplement for lower-income families in B.C.: <https://www.bchousing.org/housing-assistance/rental-assistance/RAP>
- SAFER—rent supplement for BC seniors: <https://www.bchousing.org/housing-assistance/rental-assistance/SAFER>